



**Eline Slagboom (59)**

**Hobbies:** Cooking, singing, painting, reading and biking

**In which institute/organization are you working?**

Leiden University Medical Center

**What's your role in VOILA? What would be the best outcome for you?**

Coordinator and investigator.

If a vibrant and expanding research community is initiated by VOILA that combines deep knowledge of ageing mechanisms and human biology of ageing with solutions for older people and enthusiasm for the topic by young people. The best outcome would be when we can really postpone multiple diseases by suppressing age-changes. I would consider us especially successful if we deliver tripartite solutions: estimating risk by markers of biological ageing, offering an escape of such risk by effective lifestyle modulation, if necessary supported by appropriate (novel) medication. I will be the first to profit !

**Mention your Pension. What will you be doing?**

I want to keep cooking novel things for friends and family, look forward to take the proper time for it; make some nice travels and when at home make a jazz record; write a book and play with my grand children if I have any by that time. And above all: do one thing at a time instead of 10.