What's your role in VOILA? What would be the best outcome for you?

My role in VOILA (RL1 and RL3) is to provide an expert and industry perspective on the research conducted in VOILA to ensure that the outcomes can be translated into effective nutritional applications for the ageing population.

The best outcomes would be that:

1. We have a better understanding of how changes in the microbiome affect predictive biomarkers for health in fit and mobility impaired elderly, and to know how to positively influence these biomarkers with (dairy) nutrition.
2. We know each other well and established a strong Dutch network in the field of nutrition & ageing research.

In which institute/organization are you working?

FrieslandCampina

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Mention your Pension. What will you be doing?

Being a happy and active grandma, who never stops baking great cakes and exploring the world.