



**Name, age & hobby's**

Monique Verschuren (59)

My hobbies are travelling, cooking, having dinner with family and friends, and in winter it makes me very happy if I can skate on lakes.

**In which institute/organization are you working?**

I am head of the Department of Life Course and Health, at the National Institute for Public Health and the Environment (RIVM) in Bilthoven and professor of Healthy Vascular Ageing at the Julius Center, UMCU, Utrecht. Also starting this year I am in charge of a WHO Collaborating Center on Life Course and Ageing, based at RIVM.

**What's your role in VOILA? What would be the best outcome for you?**

I contribute data from the longitudinal Doetinchem Cohort Study, co-research leader of RL1, and share a PhD student with Erasmus working on RL4.

The best outcome for me would be if we find markers that are easy and cheap to measure, that will identify unsuccessful ageing at an early stage in life.

**Mention your Pension. What will you be doing?**

I hope to be travelling a lot! I will also enjoy being able to spend more time cooking and visiting friends.