

## Marian Beekman (47 years)

I very much enjoy hiking in the dunes or abroad in mountains. Furthermore, I recently discovered that I like sewing, so I am often looking for an interesting sewing project.

I work as a senior scientist at the Leiden University Medical Center in the section Molecular Epidemiology of the department Biomedical Data Sciences.

## I have a dual role in VOILA:

- 1) I co-lead the Research Line 1. My role is to organize the participant platform, and in addition to organize data of the Leiden Longevity Study so that the envisioned data analyses can take place.
- 2) I am the scientific project manager of VOILA, monitoring the scientific deliverables.

The best outcome for me would be a (composite) biomarker indicating health that is modifiable by a known and easy applicable intervention.

When I am retired I hope I can go and play with my grandchildren, and have fun in nature which I will try to more actively protect.