



Frans van der Ouderaa (71) - LUMC

Hobbies: sailing, photography, jazz, walking

In which institute/organization are you working?

Leiden University Medical Center

VOILA – RL6

What's your role in VOILA?

Translating insights into useful recommendations for and communication to societal partners.

What would be the best outcome for you?

- (1) An excellent outcome would be insights that are implementable with VOILA partners to give people longer healthy lives.
- (2) Biomarkers that support implementation and take up of these insights and support prevention activities for non communicable conditions

Mention your Pension. What will you be doing?

I do get a pension but that does not mean that I want to be in a 'pensioned off' state. In VOILA I could function as an 'expert in ageing well' due to my age. Additionally my wife and I sail in the summer for 3 months and walk the beach or the hills of Limburg in other parts of the year. This is interspersed with visits to our children and grandchildren in the UK.