



**Name, age & hobby's**

Charlotte Kramer (27).

Running, cycle touring, singing in a choir

**In which institute/organization are you working?**

Wageningen University & Research

**What's your role in VOILA? What would be the best outcome for you?**

I am a PhD student focusing on the multimodal intervention study (RL3) at Wageningen University & Research.

The best outcome for me would be a smooth running intervention, with happy participants, that has positive effects in all segments of older adults included, with interesting results to analyse.

**Mention your Pension. What will you be doing?**

If by that time pensions still exist, I hope to be healthy and active and to have a vegetable patch and some animals to look after. I also hope to be enjoying time with the people around me and to volunteer in interesting health related projects.