

Name, age & hobby's
Hester van Donkersgoed (30)
Cycling, photographing, painting, modeling and other creative things.

## In which institute/organization are you working?

NIPED Prevention (&niped)

## What's your role in VOILA? What would be the best outcome for you?

I'll be involved in the data delivery and project coordination within our organization.

Collected data of the NIPED Research Foundation will be available for modelling. In addition, we can implement and test newly found relevant parameters in practice via our product (the persoonlijkegezondheidscheck.nl), so that validation and valorization of new risk profiling strategies in practice is possible.

The best outcome for &niped is to find and implement new parameters which enable us to optimize (support in) preventive - and self management programs. Our goal is to make it available for people to screen themselves at home, get an advice and find the best fitting interventions to gain an healthier life span.

## Mention your Pension. What will you be doing?

That will take some time to happen, but probably I'll still be active in all kinds of voluntary organizations, to strive for a social impact.