



José M. Ordovás

José M. Ordovás, Ph.D., (born in Zaragoza, Spain) is Professor of Nutrition and a Senior Scientist at the USDA-Human Nutrition Research Center on Aging at Tufts University in Boston, Massachusetts where he also is the Director of the Nutrition and Genomics Laboratory. In addition, he is Professor of Genetics and Pharmacology at the Sackler School of Biomedical Sciences and Leader of the Nutritional Genomics and Epigenomics Group at IMDEA Food in Madrid, Spain.

Dr. Ordovas was educated in Spain at the University of Zaragoza where he completed his undergraduate work in Chemistry and received his doctorate in Biochemistry. He did postdoctoral work at MIT, Harvard, and Tufts University.

Dr. Ordovas' primary research interests focus on the genetic and epigenetic factors predisposing to age-related chronic diseases (i.e., cardiovascular disease, obesity, and diabetes) and their interaction with environmental and behavioral factors with particular emphasis on diet. He has published over 850 scientific articles in peer review journals (h-index 130), written books and book chapters and participated as an invited speaker in hundreds of international congresses, symposia, and courses related to personalized nutrition. In this regard, he is considered a pioneer and one of the most distinguished world experts in gene-diet interactions pertaining to cardiometabolic traits. Moreover, he has trained in his laboratory over 60 scientists, and his current network involves populations and investigators from all Continents.

Throughout his career, Dr. Ordovas has received multiple honors for his scientific achievements including the Secretary's Award from the USDA, the Centrum, the David Kritchevsky career achievement and Dannon Institute Mentorship awards from the American Society for Nutrition, the Gold Medal from the Spanish Society of Cardiology and the Francisco Grande Award from the Mediterranean Diet Foundation. He has been awarded an honorary degree in Medicine bestowed by the University of Cordoba in Spain, and he is a Member of the Royal Academies of Sciences, Medicine, Nutrition and Pharmacy in Spain.

Dr. Ordovas has been a member of the Food and Nutrition Board of the National Academies and the FDA National Toxicology Center Advisory Committee, and he currently serves on multiple national and international steering committees, scientific peer review committees, advisory and editorial boards. Currently he is the President of the Scientific Multidisciplinary Group advising the Spanish Ministry of Science and Innovations in matters related to COVID-19