



Yara van Holstein (32)

Hobbies

Traveling, good food and wine, running / gym, hiking

In which institute/organization are you working?

Leiden University Medical Center

What's your role in VOILA? What would be the best outcome for you?

I am a PhD student involved in Research Line 1. I will combine data derived from clinical studies conducted at the LUMC and UMCG to analyze (blood) biomarkers in older patients.

Best outcome

As medical doctor I hope to combine clinical data and biomarkers to predict treatment outcomes in older patients, including quality of life and functional independence. This way we can better inform patients about treatment options and individualize treatment in future patients.

Mention your Pension. What will you be doing?

No specific plans yet. Hopefully still enjoying traveling, good food and wine and spending a lot of time outdoors.